

Volume XVIII

APRIL, 1954

No. 1

# NEWS

St. Michael's Hospital School of Nursing Alumnae  
TORONTO, CANADA



ST. MICHAEL'S HOSPITAL  
ARCHIVES  
TORONTO

MAY MADONNA

# THE NEWS

Published quarterly by the Alumnae Association  
of the St. Michael's Hospital School of Nursing  
Toronto, Ontario

## ALUMNAE NEWS EXECUTIVE

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The Winter Meeting of the Alumnae of St. Michael's School of Nursing was held in the form of a dinner meeting on Dec. 8th, 1953, in the auditorium of the North Residence.

A delicious turkey dinner was enjoyed by nearly 200 members. Arrangements were made by Miss K. McCulley and her newly formed social committee. Each member was charged \$1.35 to help defray the expenses. Following the dinner the meeting was called to order by the president, Miss Patricia O'Connor. A vote of thanks was given by Miss G. Ferguson, past president, to the Sisters of St. Michael's, the executive and the social committee for the splendid work done for the dinner.

The minutes of the last meeting were adopted as read. Correspondence was read by Miss Pat Kennedy in the absence of Miss Marjorie McGregor. Report on active membership committee was given by Miss K. McNamee. A telephone committee is being formed to notify the members of the meeting.

Report of the social committee was given by Miss K. McCulley. A dance is being arranged for January to be convened by Miss Mary Lou McRae and a tea and raffle in February, to be convened by Miss Mary Watson and Miss J. Ginestre.

Miss J. Tiennet agreed to form a Nominating Committee for the general meeting to be held March 9, 1954.

The door prize drawn by Mrs. M. Gibbons, who came from Acton for the dinner, was won by Mrs. Higgins (Marie Spratt).

Following the meeting a conducted tour was arranged through the new sections of the hospital, principally the new emergency and the "D" wing. Everyone then assembled in the hospital auditorium where Sister Maura arranged interesting movies to be shown, which were taken at the opening of the new Nurses' Residence and the Graduation of 1952.





## ALUMNAE MEETING

March 9, 1954.

The Annual Meeting of the St. Michael's Hospital School of Nursing Alumnae was held in the Nurses' Residence. Miss Patricia O'Connor presiding.

Minutes of the Dec. 1953 meeting were read by Miss M. McGregor and adopted.

Treasurer's report for 1953 was read by Miss Louise Richardson.

Correspondence was read by Miss M. McGregor.

Miss Smythe gave a report on active membership, in the absence of Miss K. McNamee.

Miss N. Devenish gave a report on R.N.A.O. activities.

Miss G. Egan reported for Central Registry.

Mrs. A. Romano reported on Blue Cross, re the Hospital Group being absorbed by Blue Cross and all payments are now being made directly to the Plan.

Miss K. McCully reported on activities of the Social Committee.

### New Business

Moved by Mrs. A. Romano that Miss E. Crocker be approached to represent the Local Council of Women, as in the past.

Miss J. Tiennet moved, seconded by Miss Smythe, that Miss Patricia O'Connor be sent to the C.N.A. Convention in Banff, June 7th, 1954. Carried.

Sister Mary Kathleen outlined briefly the convention of the International Council.

Miss J. Tiennet presented the slate of new officers for 1954.

Honorary-President—Rev. Sr. Superior.  
 Honorary Vice-President—Rev. Sr. M. Kathleen.  
 President—Miss Patricia O'Connor.  
 1st Vice-President—Miss Marjorie M. McGregor.  
 2nd Vice-President—Miss Patricia Kennedy.  
 3rd Vice-President—Miss Mary Watson.  
 Recording Secretary—Miss Thelma Hornberger.  
 Corresponding Secretary—Miss Shirley Williams.  
 Treasurer—Miss Louise Richardson.  
 Nursing Education—Miss Grace Murphy.  
 Active Membership—Miss K. McNamee.  
 Associate Membership—Mrs. A. Daly.  
 Representative to R.N.A.O.—Miss N. Devenish.  
 News Editor—Miss Laura McGurk.  
 Press Publicity—Miss R. Ellard  
 Social Committee—Mrs. McAlpine.  
 Representative to Registry—Miss G. Egan, Mrs. M. Baker, Miss A. Root.  
 Representatives to Local Council of Women—  
 Three Councillors: Mrs. V. Martin, Miss M. Holmes, Miss Huck.  
 Slate accepted. Seconded by Miss G. Donovan.



The Central Registry of Graduate Nurses opened their new clubrooms on March 18th at 427 Avenue Road. In the Reception line for the opening was Mrs. Margaret McArthur Baker, representing St. Michael's Hospital School of Nursing Alumnae. Among the guests were Sr. St. Edward and Sr. St. Collette from St. Michael's.



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### REV. WILFRED SMITH

"We have loved him in life, let us not forget him in death."—St. Ambrose.

Father Smith, the first appointed resident Chaplain of St. Michael's Hospital, died in the hospital Jan. 18th, 1954, after a lingering illness.

Father Smith was born at Edgar, Ontario, and was educated at Edgar Public School, Barrie Collegiate, St. Michael's College School, Toronto, and graduated, with honors, from the University of Toronto in 1917. He completed his studies at St. Augustine's Seminary, Kingston Road, and was ordained to the Holy Priesthood on May 21st, 1921.

After Father Smith's ordination he was appointed to St. Vincent de Paul's Church, Toronto, and was there from 1921 to 1924. He was then appointed assistant at St. Michael's Cathedral and Chaplain of St. Michael's Hospital, and in 1929, when the hospital had greatly expanded, Father was made the first resident Chaplain of St. Michael's, remaining in that capacity until 1938. He was appointed the first Spiritual Director of the Ontario Conference, Catholic Hospital Association, and a member of the Canadian Hospital Council. From 1938 to 1941 Father Smith was parish priest of Phelpston, Ontario.

During his Chaplaincy at St. Michael's Father made possible daily Holy Communion for patients staff and nurses, was Spiritual Director of Nurses and gave interesting courses in philosophy and ethics. These and many other achievements portrayed Father Smith's organizing genius and his priestly life and only God and his angels know the number of sickly souls to whom Father opened the gates of Heaven.

In 1941, owing to poor health Father returned to live at the hospital and it was like, he said, a member of a family returning home.

In 1946 Father Smith celebrated his Silver Jubilee and was honored at Newman Club on this occasion by his fellow priests and friends, including the nurses of St. Michael's.

In latter years he was associated with the Catholic Extension Society and held that post until his death.

The nurses of St. Michael's Hospital have lost a true friend in the death of Father Wilfred Smith.



Anne Doland Scully died at St. Michael's Hospital Jan. 9th, 1954. She was the wife of Thomas E. Scully, who predeceased her some years ago. Anne will be remembered for her nursing in many fields, her kindness, her humour and love of humility. Some years ago she nursed in New York during an epidemic of polio and was one of the first nurses to volunteer her services in the explosion disaster in Halifax during the first world war.



# CARDIOVASCULAR SURGERY WITH SPECIFIC REFERENCE TO MITRAL STENOSIS

C. B. BAKER, M.D., F.R.C.S., St. Michael's Hospital

Cardiovascular surgery received a tremendous impetus during recent years. Taussig, Blalock, Gross and Crafoord must be mentioned as pioneers in the field of Cardiac Surgery.

Blalock temporarily solved the problem of Blue Babies with his extra cardiac subclavian pulmonary anastomosis. This procedure gave added blood to the lungs which were deficient because of an intra-cardiac anomaly. Gross and Crafoord attacked two other congenital anomalies, namely, the patent ductus arteriosus and coarctation of the aorta. These again were extra-cardiac procedures.

Brock, later attacked the heart directly to alleviate the same condition that Dr. Blalock remedied with his extra-cardiac approach. Brock inserted a knife into the right ventricle and incised the narrowed pulmonary orifice. These procedures advanced the knowledge of surgical procedures on the heart and opened the field of intra-cardiac surgery. The most satisfactory intra-cardiac surgery to date is the surgical attack on mitral stenosis. Mitral stenosis is a late complication of rheumatic fever or its allied diseases. To be a minimal to surgery, there must be no evidence of rheumatic fever activity or intravascular infection. Mitral stenosis must be the predominant lesion as manifested by pulmonary artery hypertension, left auricular and right ventricular enlargement and hypertrophy. These findings may be demonstrated by clinical examination, fluoroscopy with Barium swallow which demonstrates an enlarged left atrium bulging backward into the oesophagus. The increased pulmonary artery shadows proclaim pulmonary hypertension. Pulmonary hypertension may be further demonstrated by heart catheterization. Clinically, pulmonary hypertension may be manifested by dyspnoea, hemoptysis and cardiac decompensation. Electrocardiogram shows right ventricular strain and hypertrophy. This may be easily understood if you consider the mitral valve which normally admits three fingers being narrowed down to as little as pin point size and acting as a dam in a normal circulation. This causes right sided obstruction and therefore, all the clinical and laboratory findings of increased pressure on the right side of

heart.

It has been demonstrated that young adults gave the most satisfactory results to surgery if there is no disease of the other valves and have a good cardiac muscle reserve.

The cases of mitral stenosis are divided into four groups to allow more logical selection of cases for surgery.

**Group 1.** As minimal involvement demonstrating only the mitral diastolic murmur with no clinical signs. These patients are at present excluded from surgery.

**Group 2.** As mitral diastolic murmur, with a drop in exercise tolerance with or without fibrillation and showing signs of minimal failure can be easily controlled by digitalizing the patient. This is the ideal group for surgery both with regard to prognosis, mortality and morbidity.

**Group 3.** are more advanced. The patients have a mitral murmur, greatly reduced exercise tolerance and congestive heart failure which is controlled inadequately with present methods of medical therapy. This group, though certainly greatly improved by surgical attack on the valve may because of myocardial damage, be not restored to normal. The mortality is higher in this group and the morbidity greater.

**Group 4.** are cases of mitral stenosis with far advanced congestive heart disease with irreversible failure. The patients in this group were bed ridden. These patients should certainly be given the benefit of surgery though it must be understood clearly that the mortality will be high and at best the patient may be only brought back to group 2 or as is usually the case, group 3, with regards to clinical improvement. Surgical therapy involves alleviation from the stenotic valve. The valve is formed by two cusps and has become fused along the line of the meeting of the two valves. The valve may be approached from the left auricle. This is done by placing a clamp across the tip of the auricle and making an incision long enough to admit the index finger. With the finger in the left atrium, the mitral valve is palpated and the small stenotic orifice located. Usually, by

pressure in this region, the valve where it is fused together will split open allowing one or two fingers to be readily passed through the valve. Occasionally, however, this may not occur and then it becomes necessary to withdraw the finger and to apply a knife which is especially designed for this procedure. The finger bearing the knife is re-inserted and the valve is incised in the area of fusion. With satisfactory opening of the valve, there is marked improvement of the patient on the operating table. It must be pointed out that the operation for mitral stenosis returns cardiac patients in groups 2 and 3 to normal, useful citizens.

We may in closing, mention a few of the points in regards to Nursing care of these patients. The immediate post-operative care is most important. The patient will return from the operating room with closed intrathoracic drainage. This implies a tube in the chest and the other end is placed under water. This closed drainage is extremely important to mechanics in respiration. If at any time, the tube is pulled out of the water, air will be aspirated into that side of the chest with resultant collapse of the lung and impaired respiration. Thus, **at all times, and especially when turning the patient the tube must be kept under water.** If the drainage bottle is to be emptied, then the tube must be clamped before removal. The tube usually remains in the chest for a period of 36 to 48 hours, after this time the lung is usually re-expanded and the fluid drainage is negligible. **This is the important 48 hours.** The patient will usually be placed in oxygen when returning from the operating room and must be turned about every hour.

**Little sedation** should be given these patients for they must be encouraged to cough. This aids re-expansion of the lung and keeps the bronchial tree free of secretions. The fluid intake and output should be carefully charted for it is important not to **overload** the cardiac patient with fluid. These are the essential and important features of the post-operative care of cardiac patients. This usually occupies, as was stated, a period of about 48 hours. After that the patient should be out of oxygen and the chest drainage tube will have been removed and the patient will be on a normal diet so that fluid balance is no longer necessary. This applies to the uncomplicated case in a general way. However, each patient will be treated as a separate and individual case.

January 6, 1954.



### THE ALUMNAE SILVER TEA

The annual silver tea of the Nurses' Alumnae was held on Saturday, February 13th, in the Assembly Hall.

Everyone looks forward to this gathering, to meet the Sisters, the doctors and their wives, the nurses and their friends. Dr. George Wilson was asked to draw the tickets for the raffle.

The Committee members were Misses K. McCully, C. Sandy, P. O'Connor, M. Berger and Mrs. J. McCormack. Ticket convener was Miss J. Gervais. Mrs. Anne Walsh and Miss N. O'Connor were in charge of the home bakery.

The caterers were Donview Bakery, 686 Queen Street East.

It was an enjoyable afternoon and a sincere vote of thanks is extended to the Committee for their efforts in making this Tea such a success.



The June Alumnae Meeting

Will Be Held In

THE NURSES' RESIDENCE

on

TUESDAY, JUNE 8th

at

8 p.m.



Come And Bring Another Nurse With You



## WEDDINGS

**McGARRY-O'GORMAN**—In Cobalt, November 21st, 1953, Ruth O'Gorman to Dr. Lloyd McGarry.

**SHEPPARD-TODD**—In St. Catherine of Alexandria Church, St. Catharines, Ontario, September 19th, 1953, Evelyn Todd, '52, to Francis E. Sheppard.

**SACCOCCIO—DUDA**—In St. Stanislaus, January 9th, 1953, Helen Duda, '53, to William Saccoccio.

**COLITON-BEAUDOIN**—In St. Thomas Aquinas Chapel Newman Club, by Reverend Father McHenry, February 11th, 1954, Alboni Beaudoin, '26, to J. H. Coliton.

### DAUFFENBACH-LEE.

The marriage of Clare Elizabeth Lee, daughter of Mrs. Lee and the late Mr. F. C. Lee of Belleville, to Mr. Frederick George Dauffenbach, son of Dr. and Mrs. R. W. Dauffenbach of Sioux City, Nebraska, was solemnized at Our Lady of Lourdes' Church, Oakland, California, on Saturday, February 13th, at 9:30 a.m. Rev. William Hennebry officiated.

The bride was attired in a street-length dress of pink wool with matching accessories and wore a corsage of white orchids.

Miss Eileen Lewis of Oakland, California, was the bride's only attendant. She wore a blue faille street-length dress with matching accessories and a corsage of gardenias.

Dr. R. E. Dauffenbach of Alameda, California, brother of the groom, acted as best man.

Following a wedding breakfast at The Virginian in Oakland, Mr. and Mrs. Dauffenbach left for a wedding trip to Carmel-by-the-Sea, California. On their return they will take up residence at 2715 Cabrillo Avenue, San Francisco, California.

The bride is a 1944 graduate of St. Michael's Hospital School of Nursing and the groom is a law student at the University of California.



### ON YOUR GUARD

A bunch of germs were hitting it up  
In the bronchial saloon.

Two bugs in the edge of the larynx  
Were jazzing a rag-time tune.

Back in the teeth, in a solo game,  
Sat dangerous Ack-Kerchoo,

And watching his pulse was his light of love—  
The lady that's known as Flu.

—Anon.

Copy . . .

BLUE CROSS Plan for Hospital Care,  
135 St. Clair Ave. West, Toronto, 5.  
D. W. Ogilvie, Director.  
January 11, 1954.

## TO THE BLUE CROSS GROUP LEADER:

As a Group Leader of a non-pay-roll group you are aware that over the past years Blue Cross has found it necessary to ask your subscribers to pay increased subscription rates because of the unusually high utilization of benefits by groups in this category.

The provision of Blue Cross benefits for non-payroll groups has, for some years, been a matter of continuing concern and study. At a recent meeting of the Board of Directors, after a great deal of consideration, it was decided, in the best interests of all concerned, to transfer all subscribers in non-payroll-deduction groups to our "Bill Direct" Department as of the first payment period for each group on or after April 1, 1954. This means each member of your group will be billed directly to his or her home, thus relieving you of the difficult collection problem. We are sure this will be a welcome change.

Upon transfer to the Bill Direct Department, benefits for your group's subscribers will be increased inasmuch as the "\$15.00 Deductible" clause will no longer apply. As only a very small number of Blue Cross members selected the "\$15.00 Deductible" Contract, it has been found necessary to dispense with it. Monthly subscription rates which will be payable directly to the Plan on a quarterly basis will be as follows:

## REGULAR SERVICE CONTRACT

## (No "Deductible" Amount)

Single .....	\$1.75	\$2.25
Family .....	\$3.85	\$5.05

**IMPORTANT:** As subscribers in your group will be billed directly to their homes at the above rates for payments falling due on or after April 1, 1954, it is necessary to ask your co-operation in furnishing, as quickly as possible, on the attached sheets an up-to-date list of these members' addresses, otherwise Payment Notices will be sent to the addresses presently on file.

In closing we wish to say how much your voluntary service on behalf of the members of your group has been appreciated by Blue Cross. The introduction of "Special" group enrolment in the early days of the Plan was an effort to make Plan group protection available to those who were not employed where a "payroll deduction" group could be formed. Community spirited citizens such as yourself made this experiment possible. Your efforts in the past are most sincerely appreciated and we thank you for them. If you have any questions, please feel free to get in touch with us.

Yours sincerely,  
D. W. Ogilvie,  
Director.

P.S.: For your help we are sending you a letter of explanation for each member of your group.

## TO SUBSCRIBERS IN "NON-PAYROLL-DEDUCTION" GROUPS

January 11, 1954.

Dear Subscriber:

After careful consideration, the Board of Directors of the Ontario Hospital Association agreed that, in the best interests of all concerned, Blue Cross "Non-Payroll-Deduction" groups should be dissolved and the subscribers permitted to continue their protection by paying directly to the Plan on a quarterly basis. This means that your Blue Cross subscriptions which fall due on or after April 1, 1954, will be paid directly to the Plan instead of to your Group Leader as in the past.

When you begin paying directly to the Plan, your benefits will be increased inasmuch as the "\$15.00 Deductible" clause will no longer apply in your contract. You will be eligible for the "Regular Service" benefits in accordance with the Terms and Conditions of Enrolment. The \$15.00 Deductible clause is being cancelled because only a very small number of Blue Cross subscribers chose this limited form of protection. The monthly subscription, payable on a quarterly basis, will be in accordance with the following schedule:

## REGULAR SERVICE CONTRACT

## (No "Deductible" Amount)

	Standard Ward	Semi-Private
Single .....	\$1.75	\$2.25
Family .....	\$3.85	\$5.05

**IMPORTANT:** Your Group Leader has been requested to forward Blue Cross an up-to-date list of addresses so that our regular Payment Notices will be correctly directed to you. If there has been any change in your address, please be sure your Group Leader is advised without delay.

We would like to pay tribute to the very fine service that has been performed by Group Leaders of "Non-Payroll-Deduction" groups such as the one through which you are enrolled. Their unselfish efforts on behalf of subscribers in their groups is greatly appreciated by the Plan.

Yours sincerely,

D. W. Ogilvie,  
Director.



#### Letter to the Editor:—

"I am enclosing copy of a letter received on January 12th from the Blue Cross, also the letter of explanation they refer to. The list of members with contract numbers and addresses was mailed to them January 14th and all members' letters were mailed January 15th.

"Sincerely,

"Alice Romano."



In a letter to the President of the Alumnae, Mrs. Romano writes in part:

"As this terminates my work as Group Leader for the Alumnae I wish to take this opportunity of thanking the members of our Group for their kind co-operation.

"Yours sincerely,

"Alice L. Romano."



We wish to thank Alice Romano for the zealous and competent work she had done over the many years as Group Leader for our Alumnae.



DID  
YOU  
KNOW  
THAT:

Therese M. Kelly is on the Staff of the Victorian Order in Vancouver.

Velma Brown Martin is holidaying in Florida.

Ruth Devlin McGee enjoyed her holiday in Florida this winter.

Margaret Milne and Isabel McKay were holidaying at Fort Worth, Texas.

Sheila Lewis is on hospital duty in Miami,

Mickey McRae Bullards is living in Vancouver, Florida.

Flora Brohman is stationed in Korea. Her address is 25 Canadian F.D.S., C.A.P.O., 5000 Vancouver, B.C. Why not drop her a line?



TRY

*Borden's*

Milk

WA. 4-5211

GET  
WELL  
WISHES  
TO:-



We are sorry to hear of the following nurses who have been ill and wish them a speedy recovery:—

Monica Gallagher, '36  
Margaret Connell Irwinn, '46  
Mary Mulcahy Campbell, '37  
Norma Middleton, '43  
Alma O'Donoghue, '51  
Marie Mulligan, '53  
Effie Oppenheimer Purvis, '29  
Lucy Irwin Kennedy, '24

We are pleased to see Edna Overend Foy, '23, around again after her operation in the hospital.

We are glad to report Eileen Costello Harrington, '28, Margaret Malyea Morris, '30, and Berkie Fannon Thompson, '31, home again after being patients in the hospital.



#### CAPPING CEREMONY

Sunday, January 17th was an eventful and happy day for one hundred and three preliminary students, who received their caps. The ceremony was held in St. Michael's Cathedral, with Reverend J. Brennan, chaplain of St. Michael's Hospital, officiating, and Reverend M. Whalen, C.S.B., preaching the sermon.

The Cathedral was filled with the parents, relatives and friends of the students, among them, mothers, sisters, cousins and aunts who are graduates of St. Michael's Hospital.

A reception followed in the North Residence. Congratulations to our future Alumnae members.

The thoughts of the day are expressed in the following poem by Edgar A. Guest.

That cap the nurse on duty wears  
Is costlier than the bonnets gay  
Worn by the wives of millionaires  
Regardless of the price they pay.  
'Tis something she herself can make,  
A bit of linen, trimmed and turned  
The right to it (for mercy's sake)  
Was with three years of training earned.

That uniform of spotless white  
Was costlier than a lady's gown,  
'Twas bought with care by day and night  
For those with illness stricken down.  
The royal robes show royal birth,  
But every nurse's simple pin  
Is emblematic of her worth;  
A symbol she has toiled to win.

Oh gracious spirit, love imbued,  
That can such tender care accord,  
Perhaps it is that gratitude  
Must always be your best reward.  
Now out of gratitude appears  
This tribute, done in simple verse  
Unto the dedicated years  
Of all who choose to be a nurse.





## CONGRATULATIONS TO:

Dr. and Mrs. Robert Clarke (Phyllis Hallworth) '48, Niagara Falls, Ontario, November 22, a daughter.

Mr. and Mrs. J. Meegan (Mary Jackson) '33, St. Michael's Hospital, December 4th, a daughter.

Mr. and Mrs. Donald Ballyk (Lillian Wohler) '50, Flint, Michigan, December 3rd, a daughter, Ann Teresa.

Mr. and Mrs. Fred Hession (Bernadette Fougere) '45, December 8th, a son, James Elliott.

Mr. and Mrs. D. Scollard (Marguerite Hanlon) '43, St. Michael's Hospital, December 28th, a daughter, Patricia.

Mr. and Mrs. J. P. O'Meara (Noreen Herring) '39, St. Michael's Hospital December 27th, a son.

Mr. and Mrs. Wm. Hogan (Theresa Joinette) '44, Providence Hospital, Detroit, October 7th, a daughter, Patricia Anne.

Mr. and Mrs. E. O'Brien (Margaret Moore) '46, St. Michael's Hospital, February 11th, a daughter.

Mr. and Mrs. Edstrom (Ann Dolcini) '45, Alamosa, Colorado, September 18th, a daughter, Theresa Ann.

Mr. and Mrs. D. Gundy (Margaret Brankin), St. Michael's Hospital, December 29, a daughter.

Mr. and Mrs. M. McKinnon (Frances Barnes), '50, Cobalt, July 7th, a son.

Mr. and Mrs. H. Farah (Marie LaRogue) '27, St. Michael's Hospital, November 10th, a daughter.

Mr. and Mrs. I. Dorosh (Zita McAuley) '51, St. Michael's Hospital, November 15th, a son.

Dr. and Mrs. Montemuro (Josephine Herring) '43, Port Arthur, November 8th, a son, Michael Angelo.

Mr. and Mrs. A. J. Morris (Monica Crook) '46, Renfrew, December 14th, Kevin Miles.

Mr. and Mrs. Pritchard (Doris Holliday) '33, March, 1954, a daughter.

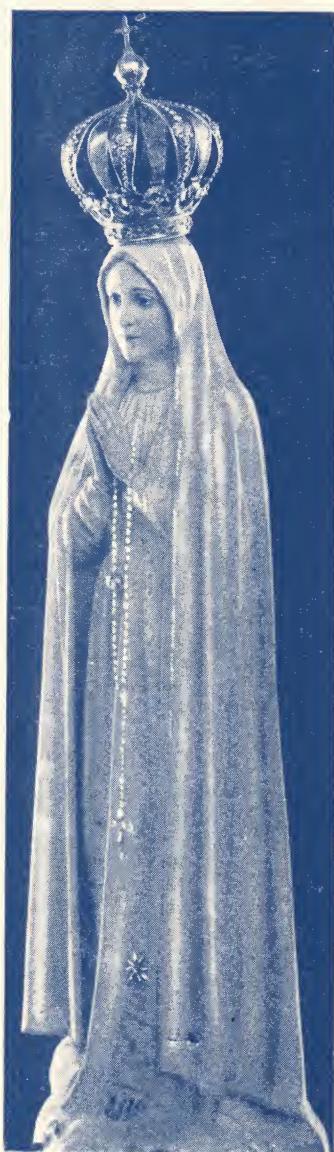
Dr. and Mrs. Herbert Sullivan (Jean Weaver), St. Joseph's Hospital, Hamilton, a son.



**Health Note:** Vegetables are important additions to the diet. Raw or cooked they supply essential vitamins and minerals. The water in which they are cooked is rich in minerals drawn from the vegetables during cooking and should be used to enrich soups or gravy.—Dept. National Health.



The Spanish language is the most widely spoken language of the faithful throughout the world. More than one-third of all Catholics, 38.2 percent, speak the Spanish language.



## MARIAN YEAR

With the passing of the Feast of the Annunciation it is with amazement that we realize how quickly the year is progressing.

As we all know, this is the Marian Year, but as we stop, at the beginning of Spring, let us ask ourselves what have we done to make this year any different from any other?

How fortunate we are to have this lengthy opportunity of honouring Our Blessed Mother and bene-

fitting ourselves, and yet much of the time has been wasted.

What is the real purpose of this year we may ask ourselves, and what should I do in connection with the various Marian devotions?

We know the Marian Year is for the purpose of honouring the Blessed Virgin, as this year is the hundredth anniversary of the Dogma of the Immaculate Conception. To us, as Catholics, Our Lady has always been dear, and most of us honour her daily in prayer and action. But is this enough for us, now? If the Holy Father has set aside this year for the special purpose of devotion to Mary, should we not make a special effort to do more to please our Blessed Mother?

Throughout the world various plans have been adopted to aid the faithful in honouring Mary.

Many beautiful and practical expressions of love for the Mother of God have been put into effect during this Marian Year. Before the year will have expired other forms of spiritual tribute to Our Lady will appear in various parts of the world; these will be the natural outgrowth of that devotion to Mary, which is as deep-rooted in our hearts as the love of a child for its mother.

A striking observance of Marian Year is the idea prevalent in Portugal. There, it has been proposed that babies born this year, be given some form of the name of Mary.

Here is a happy thought for parents-to-be. A child born in this year can remember the greatness of the occasion in history by receiving the name of Mary, and will have Her especially for Advocate, Queen and Mother. Often there are various reasons for the adoption of Mary's name, but ideally it is hoped the bearing of Her name will enable the child to grow closer to Mary and imitate Her life.

For those who are more fortunate, there may be the opportunity of making a pilgrimage to one of the Shrines dedicated to Our Lady.

Even now, thousands have travelled on foot to the Shrine of Our Lady of Guadalupe in Mexico and to the miraculous Shrine at Lourdes.

However, for those of us who may never have the opportunity of visiting such places as Lourdes, Fatima and Guadalupe, let us realize there are in-

numerable Holy places sacred to the Mother of God in our own country. There are the churches, which have been designated as Marian Churches, where we may give devotion to our Blessed Lady, right in our own cities.

Many other measures are being adopted by those interested in the Marian Year. For example, a member of the United States Congress has proposed to the Postmaster General of America that a Marian Year stamp be made for Mother's Day, in commemoration of the greatest Mother on earth. What a splendid opportunity for every person who reveres the name of Mary, to honour Her publicly, by a stamp that will carry a remembrance of Her around the world.

Then again, there is the plan of six Catholic hospitals in Los Angeles that have inaugurated "free baby" plans for large families during the Marian Year. Babies born this year to families of five to six children will receive free hospitalization.

These are just a few examples of the many and diffuse means of honouring Mary, by those who are taking active part in the Marian Year and allowing it to affect almost every aspect of daily life.

Can we too not take a more active part, and make the remainder of the year truly a dedication to Mary?

How fortunate we are that the Holy Father has granted us special indulgences, which we may gain in the course of our devotion this year.

So often do we pray to Mary for our spiritual and temporal daily needs. We feel we can turn to her for anything, and we do. In this time of unrest and indecision we pray to Her so often to help us preserve world peace. Can we not, then, make a special effort to do something for Her—to give her a little extra love and devotion, in this, the Year of Mary, the MARIAN YEAR.

of finding in your most loving heart appeasement of our ardent desires, and a safe harbor from the tempests which beset us on every side.

Though degraded by our faults and overwhelmed by infinite misery, we admire and praise the peerless richness of sublime gifts with which God has filled you, above every other mere creature, from the first moment of your Conception until the day on which, after your Assumption into heaven, He crowned you Queen of the Universe.

O crystal Fountain of faith, bathe our minds with the eternal truths; O fragrant Lily of all holiness captivate our hearts with your heavenly perfume: O Conqueress of evil and earth, inspire in us a deep horror of sin which makes the soul detestable to God and a slave of hell.

O well-beloved of God, hear the ardent cry which rises up from every heart in this year dedicated to you. Bend tenderly over our aching wounds. Convert the wicked, dry the tears of the afflicted and oppressed, comfort the poor and humble, quench hatreds, sweeten harshness, safeguard the flower of purity in youth, protect the holy Church, make all men feel the attraction of Christian goodness. In your name, resounding harmoniously in heaven, may they recognize that they are brothers, and that the nations are members of one family, upon which may there shine forth the sun of a universal and sincere peace.

Receive, O Most Sweet Mother, our humble supplications, and above all obtain for us that, one day, happy with you, we may repeat before your throne that hymn which today is sung on earth around your altars: "You are all beautiful, O Mary; You are the glory, you are the joy, you are the honor of our people. Amen.

The Editor.



#### Official text of the prayer of His Holiness Pope Pius XII for the Marian Year

Enraptured by the splendor of your heavenly beauty, and impelled by the anxieties of the world, we cast ourselves into your arms, O Immaculate Mother of Jesus and our Mother, Mary, confident

CALL

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**A letter to Miss Richardson:—**

"Just a note to notify you of my change of address. It is 120 E. Dundas St., Belleville, Ont.

"Believe there are quite a number of St. Michael's graduates in Belleville, including Margaret Robertson Allore, whose husband is practising Obs. and Gyn. here, and very well thought of; Joan Fahey, whose husband is currently specialising at St. Mike's, is a visitor; Connie McCauley Burrows visits her mother and family here, from Rosedale, Ontario, and will be a patient in St. Michael's in the near future to have a bad wrist repaired; also a pretty little senior graduate, a Miss Elizabeth Barrett I have met. You may remember Margaret Peart, a St. Joseph's, Hamilton, graduate, who worked at St. Michael's on 2D prior to going to university; Dorothy Shamess will remember her. She is the Directress of Nurses, Belleville General, and doing a very good job, I understand.

"Sincerely,  
"Irene E. Woolford."

**From a letter received:**

Dated Jan. 28, 1954.

"Am now residing in Geraldton. My husband is manager of the Royal Bank here. There is great

excitement at present over the base metal discovery in Manitouwadge Lake area, 60 miles from here.

"We really get winter here. It has been 56 degrees below zero, and hovering around 20 to 30 below for the past week.

"Hope to see another '40 grad. soon. Angela Cameron (Delaney) is in Armstrong.

"Kind regards,

"Bea Stedman" (Currie).

**Kay M. Boyle writes:**

Dated Jan. 13th, 1954.

"I am feeling much better since coming to California, especially since last Fall. I can always jump in the car and take off. I get to see Essie Taylor Smith quite often. I spent New Year's with her. Have been talking to Kay Meagher since she came back. She had a grand trip and visit home.

"We had a slight earth tremor yesterday but it made headlines today.

"My best to everyone at St. Michael's.

"Kay."

Miss Kay O'Boyle,  
7101 Encino Ave.,  
Van Nuys, Cal.



**Health Note:** Recreation is necessary to everyone's well-being. Whatever form of relaxation is chosen, it should provide interest and an objective.—Dept. National Health.



OUR  
SYMPATHY TO:

Isabella Ennis Robinson on the death of her father.

Mr. Fred Regan on the death of his wife, Elizabeth McCabe Regan.

Sister Melanie on the death of her sister.

Sister de Sales on the death of her sister, Mary Fitzpatrick.

Teresa Cleary, '53, on the death of her father.

Agnes Murray Smythe, '18, on the death of her brother.

Gertrude Heck Roach, '20, on the death of her sister.

Jean George Harrington, '33, on the death of her father.

The family of Mary Daly '27, on the death of her mother.

Cecilia Pelletier McLarty, '40, on the death of her father.

Helen Kirk, '43, on the death of her father.

Monica Donovan, '46, on the death of her father.

Noreen Kane Hinds, '24, on the death of her husband.

Effie McInnis Taugher, '34, on the death of her sister.

Helen O'Leary Bowie, '42, on the death of her father.

Elizabeth Regan, '03, on the death of her brother.

Rita Woods, '21, on the death of her brother.

Mary Jackson Meegan, 33, on the death of her mother.

Mae Madden, '27, on the death of her sister.

Tillie Cherriere Lentz, '43, on the death of her mother.

Rae Boyce Patton, '31, on the death of her husband.

Norah Devenish, '42, on the death of her father.

Stace O'Brien Lamphier on the death of her brother, Christopher O'Brien, Stratford, Ontario.

Beatrice Dunnigan Claremont, '21, on the death of her mother.

Ann Cooke Walke, '45, on the death of her mother.

Sister Mary of Good Counsel and Ethel Fitzgerald Corcoran, '26, on the death of their sister.

Dr. Clayton Bryan on the death of his brother.

Helen Franclik Johnston, '43, on the death of her father.

Dorothy Curtin Doye, '48, on the death of her mother.

Irene McGurk Dunbar on the death of her brother-in-law, Father John Dunbar, Lethbridge, Alta.

Marguerite Grossmith Chown, '37, on the death of her husband.

Eileen Costello Harrington, '29, on the death of her sister.

Nina Roque Low, '28, and Rita Roque Pym, '43, on the death of their father.

To the family of Mary Ballantyne, who died Jan. 8th, 1954.

To Ethel Crocker on the death of her brother, Sydney Crocker, who was buried from Blessed Sacrament Church on Monday, April 5th.



FROM  
OUR  
MAIL  
BOX

Following is a note received Christmas, 1953.

"To the News:

"With kindest regards and thank you for the 'News' coming so faithfully.

"In the Divine Blood of our Infant King."

"Sr. M. Magdeline,"  
Monastery Precious Blood,  
3651 Hudson Street,  
Vancouver 9, B.C.



**Lou Kruger McNulty writes to the Alumnae:—**

"Far away as I am from dear old "St. Mike's" I often think and wonder how things are in the busy place. I feel getting the Alumnae News would keep me up in the happenings around the hospital.

"We are now living in Edmonton and getting to like the West a little better. Edmonton is a very busy metropolis. The oil fields have been a great boon to the city and the population has doubled in the last few years.

"We now have an 8-month-old daughter, Mary Patricia, who is a great source of joy to us. She more than helps keep me occupied.

"Kindly remember me to the dear sisters, whom I knew during my nursing days, and wishing the Alumnae every success during the coming year.

"Sincerely,

"Lou Kruger McNulty."

Mrs. Neil McNulty,  
117206 - 127th St.,  
Edmonton, Alta.



Congratulations to Marg. Baker, '32, on her appointment as President on the Board of Directors of Central Registry of Graduate Nurses. Marg. represented St. Michael's School of Nursing on the Registry for the past two years.



News  
Notes

Sister Vianney, '36, is now Superior of St. Joseph's Hospital for the Aged, Winnipeg (formerly St. Joseph's Hospital).

Lollie Bedwell Symore, '35, of Wiarton is getting her hand in at nursing again now that her children are growing up.

Catherine McGuinness resigned from the Toronto Health Dept. and Kay Briggs Gies, '25, from the Ontario Hydro and are School Nurses in Forest Hill Village.

Aileen Reynolds Tudhope and family are moving from Newmarket to Toronto.

Kay Hamill visited in Toronto from California.

Pat Smith, '53, has joined her family in Santa Monica, California, and is on duty at St. John's Hospital there.

Sister Jeanette, Superior of St. Joseph's Hospital, Comox, attended Nurses' Convention in Victoria, B.C.

Rita Hetherman Walsh, '25, of Summitt, N.J., and her husband spent the summer at Kahshe Lake, Muskoka.

Mary Krane Newell, '36, R.R. No. 1, Auburn, California, was a recent visitor to Toronto. Mary Donahue McGregor, '36, entertained at a luncheon for her during her stay.

Loretta Archambault resigned from St. Joseph's Hospital staff in September and is an Industrial Nurse at Swift Canadian Co. Ltd.

Pat Murphy, '36, is attending University School of Nursing, Toronto.

Margaret Cutler, niece of Rose Sherry, '32, and Rosemary Burns are on the staff of St. Joseph's Hospital in Comox, B.C.

Daniel McDevitt, son of Mrs. Mary Madigan McDevitt, has won the Governor-General's Medal for general proficiency in three years, at St. Paul's Jesuit College, Winnipeg; also the Rector's Prize for highest standing in philosophy for four years. Danny will graduate from the University of Manitoba in May.



The R.N.A.O. Meeting will be held April 29th, 30th and May 1st at the Royal York Hotel.



**INTERNATIONAL CATHOLIC COMMITTEE  
OF NURSES  
and MEDICO-SOCIAL WORKERS**

**Fifth World Congress of the I.C.C.N.M.S.W.**

Meets

**SEPTEMBER 7th to 12th, 1954**

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Application forms may be had from:-

**MISS GRACE MURPHY,  
Nurses' Residence,  
St. Michael's Hospital.**

## IN MEMORIAM

After a lengthy illness death came to Elizabeth McCabe Regan on March 1st, 1954, at St. Michael's Hospital. She is survived by her husband, Fred Regan, her mother and her brother, William J. McCabe.

Elizabeth graduated from St. Michael's Hospital School of Nursing in 1924 and did private duty for nearly two years before her marriage. She was an active member of the Catholic Women's League for years and belonged to the Legion of Mary and took a keen interest in the work of the Martha Guild and St. Basil's Seminary Auxiliary. Elizabeth will long be remembered by all who knew her for her many kindnesses and works of charity during her life. For many years she was a member of St. Clare's parish and later St. Basil's, where her funeral Mass was sung on March 4th, when her three nephews officiated. Rev. B. M. Regan, C.S.B., of Detroit, Michigan, was celebrant; Rev. W. O. Regan, of Rochester, New York, was deacon, and Rev. H. B. Regan, C.S.B., of Toronto, was sub-deacon. Interment took place at Mount Hope Cemetery.

May her soul rest in peace.



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There will be a Memorial Devotion held in St. Michael's Cathedral on Sunday, May 2nd, at 7:30 p.m. Rev. J. Kelly, C.S.B., will be the speaker. The Cathedral Choristers will be in attendance. We ask all St. Michael's Nurses who are available to attend this service.